

Northwest Wayne Families Against Narcotics 2020 Public Forum Schedule

- **January 6, 2020: Family Recovery Panel.** Hear from five parents (two couples and a mom) about how addiction in a son or daughter impacted their lives and relationships. They will share how they learned to cope, overcome, and ultimately find peace and joy in living.
- February 3, 2020: The Science of Addiction. We are excited to welcome Dr. Mark Greenwald, Associate Chair of the Department of Psychiatry and Behavioral Neuroscience at Wayne State University School of Medicine. Dr. Greenwald directs the Substance Abuse Research Division, its Human Pharmacology Laboratory, and the outpatient treatment research clinic at Wayne State University. He will explain the physiological and psychological bases of addiction, as well as science and tools supporting recovery
- March 2, 2020: An Evening with FAN Executive Director and Founder Linda Davis. Judge Linda Davis recently retired from the 41B District Court in Clinton Township to serve as Executive Director of Families against Narcotics, overseeing all 20+ FAN chapters. She will share the exciting new programs and initiatives that FAN is working on to provide further support to families and individuals struggling with addiction, and to eliminate the stigma that is too often a barrier to recovery.
- April 6, 2020: "They've Said They Want Help Now What?" At this forum, we will hear from a panel of experts about local treatment and recovery resources, how to deal with costs of treatment, insurance issues, and sober living options. We will discuss how to choose a treatment/recovery plan when you DO have private insurance, as well as when you DON'T.
- May 4, 2020: Michigan's Initiatives to BEAT Addiction. We are extremely honored and excited to welcome the State of Michigan's Chief Medical Executive and Chief Deputy Director for Health for the Michigan Department of Health and Human Services, Dr. Joneigh S. Khaldun. Dr. Khaldun has been a leader in the development and implementation of State strategies and initiatives to combat addiction in Michigan. She will share what the State government is doing to BEAT the opioid epidemic and meet Governor Gretchen Whitmer's goal of cutting opioid related deaths by 50% over the next five years. This will be a very powerful public forum.
- June 1, 2020: Prisoners and Addiction Recognizing the Need for Treatment. At this forum, we are excited to welcome the Chief Medical Officer for the Michigan Department of Corrections, Dr. Carmen McIntyre. She will be joined by officials of the Wayne County Jail and the Huron Valley Prison. These experts will speak about how addiction is treated in Michigan's jails and prisons. Late last year, Governor Whitmer announced that Michigan would begin offering all three forms of medication-assisted treatment to opioid-addicted inmates. Learn how this new program is unfolding, and its impact on our criminal justice system.



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- July 6, 2020: Addiction and Special Populations. At this forum, our experts will focus on drug use and addiction in adolescents; on college campuses; and among the senior population. Effective pain management that avoids the risk of opioid addiction will also be discussed. We will be offering a free Narcan training (with kits) immediately prior to this forum.
- August 3, 2020: The "Ask Anything" Forum. At this forum, we will have experts from a variety of areas available to answer your questions. We will have treatment professionals, peer recovery coaches, judges, police officers, a family recovery coach, doctors, and others. Come prepared with ALL your questions about addiction and recovery, and we will have an expert ready to respond!
- **September 7, 2020:** Early Recovery. At this forum, experts will discuss how family members can best support a loved one in early recovery, as well as the strategies a person in early recovery can employ to keep their recovery strong and on the right track. Holistic approaches to healing will be a part of this discussion, including yoga, meditation, exercise, and nutrition. We will be offering a free Narcan training (with kits) immediately prior to this forum in recognition of Recovery Month.
- October 5, 2020: Addiction and Other Mental Health Disorders. We are excited to welcome Dr. Jonathan Morrow, Assistant Professor at the University of Michigan Addiction Center, Department of Psychiatry. Dr. Morrow is also a practicing physician with U-M Addiction Treatment Services (UMATS). He will discuss the intersection of addiction and other mental health disorders, the frequency with which they co-occur, and the challenges they pose to treatment and recovery.
- **November 2, 2020: Inspiration for the Holidays.** FAN Regional Director David Clayton will share his powerful and inspiring story of his journey through years of addiction to joy in recovery. In addition, David will discuss how to cope with stress and triggers during the holidays, how to avoid relapse, and why a SOBER holiday is the BEST holiday!
- **December 7, 2020: Special Holiday Forum.** Continuing what has become an annual holiday tradition, our December forum will be a very special event devoted to fellowship, support, and growing hope. We will share a holiday meal together and hear the personal story of a family's journey through the pain of addiction to joy in recovery.