



WASHTENAW COUNTY
FAMILY FORUM

Hitting the Wall: How Sustained Crises Present Opportunities for Personal Transformation

November 9th @ 7PM (Virtual Forum)

REGISTER NOW

While the COVID crisis has impacted us all in different ways, we all share in the need for outlets for destressing and decompressing during this difficult time.

Join guest speaker and clinical psychologist Dr. Chantelle Thomas for a discussion on how the current pandemic crisis presents an opportunity to understand and “live inside” the struggles inherent to the recovery journey.

We will explore how shared environmental vulnerability can lead to insights about what it means to ask for help, share common struggles and create much deeper and more meaningful opportunities for connection.

Those in recovery, their families and friends and all who are facing pandemic-related stressors are encouraged to participate.

****ADVANCE REGISTRATION REQUIRED****

To receive the meeting link, please RSVP at:

familiesagainstnarcotics.org/register



About Dr. Chantelle Thomas

Dr. Chantelle Tomas, PhD, is a clinical psychologist specializing in addiction treatment, trauma and health psychology. Her work in the field of substance abuse treatment has focused on complex co-occurring medical and mental health disorders.

Thomas serves as the Executive Clinical Director of The Manor, a residential treatment facility in Wisconsin specializing in the treatment of addiction and trauma.

Her background in research-supported treatment modalities informs her ability to ensure that the most effective interventions are incorporated into The Manor's holistic program.